This workshop will focus on defining the very important personal attribute we know as confidence and applying it to successful parenting. A dynamic multi-media presentation will illustrate the building blocks of confidence in children including: social support, nurturing optimistic expectations, positive self-talk, goal setting, work ethic and visualization. Confidence concepts will be applied to crucial aspects of children's development including: self esteem, social situations (i.e. friendships, bullying, substance abuse prevention) and performance arenas (academic, athletic, artistic).

WHEN: Wednesday, April 14, 2010
WHERE: Northeast School -Library
TIME: 7:00 pm - 8:30 pm

Facilitated by Dr. Ben Brennan - Northeast School Student Assistance Counselor

Please contact Mrs. Sylvia Bryant, Parent Coordinator, with any questions or concerns: sbryant@montclair.k12.nj.us - 973-509-4028

CHILDCARE WILL BE PROVIDED

THIS EVENT IS SPONSORED BY MONTCLAIR PUBLIC SCHOOLS AND THE NORTHEAST SCHOOL REVIEW COMMITTEE