28th ANNUAL YMCA-MRCA
MONTCLAIR RUN
10 K Run and 2-Mile Run/Walk
Sunday June 6, 2010
Montclair YMCA
25 Park Street, Montclair, NJ 07042

ENTRY FEES

<table>
<thead>
<tr>
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<th>Adult</th>
<th>Youth</th>
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<tbody>
<tr>
<td>2-Mile (8:30 AM)</td>
<td>$16</td>
<td>$10</td>
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<tr>
<td>Until May 28</td>
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<tr>
<td>After May 28</td>
<td>$19</td>
<td>$12</td>
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<tr>
<td>10 K Run (9:30 AM)</td>
<td>$20</td>
<td>$12</td>
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<td>Until May 28</td>
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<tr>
<td>After May 28</td>
<td>$25</td>
<td>$14</td>
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Register online at:
www.Raceforum.com/Montclair
Or at Montclair YMCA until June 3 and/or Fleet Feet through Sat., June 5.

For questions, call the Montclair YMCA:
973-744-3400

INFORMATION
Early Packet Pick-up: Fleet Feet
603 Bloomfield Avenue
Montclair (corner of Midland Ave.)
Fri., June 4, Noon-8:00 PM;
Sat., June 5, 10:00 AM-6:00 PM

Mail entry form
and fee to: Montclair YMCA
25 Park Street
Montclair, NJ 07042
Attn: Race Director, Montclair Run

Note: Individual application forms are required for each race.

SCHEDULE OF EVENTS

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00-9:00 AM</td>
<td>Registration at YMCA</td>
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<tr>
<td>8:30 AM</td>
<td>2 mi Fun Run/Walk</td>
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<tr>
<td>9:30 AM</td>
<td>10 K Race</td>
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<tr>
<td>9:45 AM</td>
<td>Awards 2 mi</td>
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<tr>
<td>11:00 AM</td>
<td>Awards 10 K</td>
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AWARDS

10 K Race: Trophy and prizes to 1st, 2nd, and 3rd place overall male and female winners.

Medals and prizes to 1st, 2nd, and 3rd place finishers in each age group (male/female, 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & over) and oldest male and female.

2 mi Fun Run: medals to 1st, 2nd, and 3rd place overall finishers.

MONTCLAIR RUN • OFFICIAL ENTRY FORM • JUNE 6, 2010

Last Name
First Name
Age on Race Day
Sex
Birth Date
Mailing Address Street (include Apt. # and/or c/o)
City
State
Zip Code
E-Mail Address
School Name (Montclair Only)

Race Entered:

Enclosed Entry Fee:

Pre-Registration:
10 K $20
2 mi $16
10 K $25
2 mi $19

Post-Registration (After May 28):
10 K $25
2 mi $19
10 K $14
2 mi $12

FIRST: For and in consideration of being accepted in the Montclair Run on Sunday, June 6, 2010 which is described in the attached application, I for myself, my heirs, executors, administrators and assigns do hereby expressly release and discharge the Township of Montclair, Township of Montclair Recreation and Cultural Affairs Department, the YMCA of Montclair, all sponsors and volunteers (hereinafter Releases) from all claims, demands, liability actions, or judgments of any kind whether caused by negligence of said Releases or any of them or otherwise which I now have or in the future may have against said Releases or any of them arising out of my participation in the athletic competition which is the subject of this application. SECOND: I represent to the sponsors of this competition that I have been examined by a licensed physician who has approved my participation in this event. I further authorize the use of my name and photo in conjunction with publicity about the race.

Applicant's Signature
Parental Consent & Signature (required for all participants under 18)
Date
For Office Use Only
Race Number

POSTING/DISTRIBUTING
APR 1 2 2010
THE MONTCLAIR PUBLIC SCHOOLS
APPROVED