Edgemont Montessori is participating in Walk to School Day on Wednesday, October 6, 2010!

Join children and adults around the world to celebrate the benefits of walking.

About our event:

Step 1: Grab your walking shoes, your helmet, and even a friend. Put on your Edgemont t-shirt.

Step 2: Then walk or bike to school, making sure to be safe and honor our crossing guards.

Step 3: Be proud. You did it!

Edgemont Health & Wellness volunteers will greet all walkers and bikers, record their names, and offer them fresh water and fruit. See you there!

Contact: Alicia Lukachko @ 746-0788 or aml170@columbia.edu.

Find out more about Walk to School events in the USA at www.walktoschool.org