TRUE BLUE SPIRIT ATHLETICS LECTURE SERIES

3-Part Lectures series offering important information for student athletes, parents and coaches

All Lectures meet 7:00 - 8:30 PM
Montclair High School (main floor, LGI)

JANUARY 28:
College Athletic Opportunities
For parents, athletes (middle school and high school ages), coaches

What are the realities and opportunities of a college athlete? What preparation is required of the high school athlete to reach different levels of athletic participation at the college level? Explanation of the college recruiting and application process.

Information from the lecture is available on www.mfee.org under the True Blue Spirit tab and handouts through the MHS Athletic Office.

MARCH 10:
Mental & Physical Well-Being of the High School Athlete
For parents, athletes (middle school and high school ages), coaches

Discussion of mental, physical and physiological needs of the high school athlete.

MAY 8:
Positive Parenting for your High School Athlete
For parents of high school age athletes (not for players), coaches

College athletic expectations and realities, parental support of your high school athlete. Topic include: etiquette as a parent of a high school athlete, parent involvement, communication with players, coaches and athletic administration, role of a high school coach.

No reservations needed; please arrive promptly at 7pm.

Presented by
MFEE True Blue Spirit Initiative
MHS Athletics in partnership with the
Yogi Berra Museum & Learning Center

Planning Team
John Porcelli, Yogi Berra Museum & Learning Center / Coaches Institute
Jeff Gannon, Interim Athletic Director, Montclair High School
Linda Bowers, Co-Chair, True Blue Spirit and MHS SATp

Questions?
Contact Jeff Gannon: jgannon@montclair.k12.nj.us or Linda Bowers linda@mhssat.org

MFEE: Montclair Fund for Educational Excellence www.mfee.org | info@mfee.org | 973-509-4021

Bringing Out the Best in Montclair Public Schools