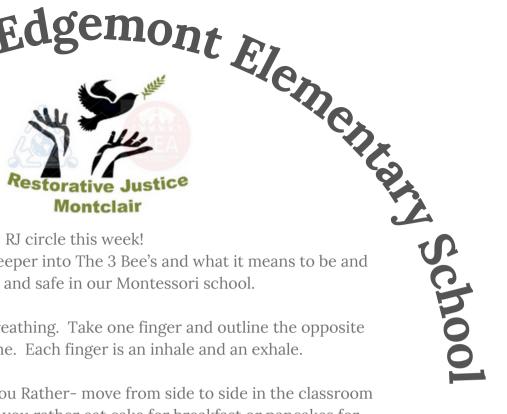
## In our circles w Mindf





RI circle this week!

In our circles we dove a bit deeper into The 3 Bee's and what it means to be and feel welcomed and safe in our Montessori school.

Mindfulness- Hand outline breathing. Take one finger and outline the opposite hand one finger at a time. Each finger is an inhale and an exhale.

Team Building Game: Would You Rather- move from side to side in the classroom to show your choice. Would you rather eat cake for breakfast or pancakes for dinner?

Check in questions of the week:

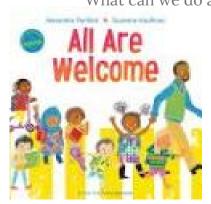
Name. How are you feeling today? If you could be a season what season would you be and why?

## Activity/Discussion:

When we sit In Restorative Justice circle we are working to create a safe space where everyones thoughts and words are welcomed and valued. Our school is a community where diversity is celebrated and people of all backgrounds, abilities, and appearances are welcome. We introduce students to the concept that 'All are Welcome' so Edgemont is a safe space for everyone to learn and grow.

Why is it important that all are welcome in Edgemont School? What can we do at Edgemont School to make it more welcoming?

Book: All Are Welcome





Restorative Justice (RJ) is an indigenous philosophy that emphasizes building relationships. If there is a need to repair harm caused by conflict and wrongdoing, restorative justice provides an opportunity for everyone impacted by an incident to come together in a safe space to address their feelings and needs, and reach a resolution that heals and restores relationships.