

OCTOBER

EDGEMONT MONTESSORI SCHOOL MS. GUNAYDIN'S COUNSELING CORNER

Happy October!

This October has been full of so many fun activities and enrichment opportunities. **The first week in October of each year be designated as the Week of Respect in New Jersey.** October is also National Bullying Prevention Month. *We celebrated Unity Day by wearing orange to unite for kindness, acceptance, and inclusion to send a visible message that no one should ever experience bullying.*

For the Week of Respect, we recognize the importance of social and emotional learning and character education. We celebrated by conducting spirit week. Everyone did an amazing job!

RULER Social-Emotional Learning

RULER is Edgemont's Social-Emotional Learning Curriculum that I will be following this year. This month, the students will learn and create a classroom charter. They will then present this school-wide in an assembly.

The Charter is a promise we will make to each other about how we want to feel at school and what we will do to make sure we feel those feelings more of the time.

