

# Restorative Justice Edgemont Elementary School



RJ circle this week!

In this circle we are going to talk about challenges or hard things we face in our lives. These challenges or hard things can sometimes feel like mountains that are blocking our way. What is the biggest mountain or challenge in front of you?

Mindfulness- Tension/stress awareness. Neck rolls, shoulder shrugs.

Team Building Game: People to People. Part 2- The Challenge. Finger to toe/elbow to ear. Knees to knees/shoulder to hip. Child to shoulder/foot to foot. Head to back/toe to knee. Back to knee/foot to knee. Feet to feet/fingers to fingers.

Check in questions of the week: How are you feeling? What is the biggest mountain or challenge in front of you?

Activity/Discussion:

Draw that mountain that represents your challenge. Think about what color that mountain is, what shape, what is on that mountain that makes it hard to climb. To be con't.



**Restorative Justice (RJ) is an indigenous philosophy that emphasizes building relationships. If there is a need to repair harm caused by conflict and wrongdoing, restorative justice provides an opportunity for everyone impacted by an incident to come together in a safe space to address their feelings and needs, and reach a resolution that heals and restores relationships.**