

## FALL 2022 EXPLORERS Schedule and Class Descriptions\*

*Morning and afternoon classes available; all classes meet weekly  
Registration opens 9/20; classes begin 10/11*

### **MORNING CLASSES: 8:10 - 9:10 AM**

#### **TUESDAY MORNINGS:**

##### **Basketball skills and games (\$110)**

Do you love basketball or want to learn how to play basketball? Join Nishuane PE teacher Mr. Eder on Tuesday mornings! In the hour long class you will learn how to dribble, pass, and shoot. There will also be shooting and mini competition games. Get ready to start your day off on the right bounce!

#### **WEDNESDAY MORNINGS:**

##### **Gymnastics (\$110)**

Come have some early morning fun in the gym with Nishuane PE teacher, Mr. Eder! You will tumble, use the beam, climb the rope, use the parallel bars, horizontal bar and still rings. It's the perfect opportunity to practice all of your gymnastics skills and learn some new ones. All levels are encouraged to participate.

##### **Zuma Chess for Beginners - 1st and 2nd grade ONLY (\$120)**

Students will learn the basic rules of chess, how pieces move, fundamental tactics, and strategies. Win, lose, or draw, chess promotes good sportsmanship, resilience, and creative problem solving skills. Instructor Steve Moctezuma [coach "M"], a certified United States Chess Federation (USCF) tournament director, has taught enrichment chess classes for 20+ years, and annually directs *Zuma Summer Chess* camps. In addition to enrichment classes, he also gives private and group chess lessons. *Chess sets will be provided.*

*This class will also be offered Monday afternoons*

#### **FRIDAY MORNINGS:**

##### **Friday Get Fit (\$110)**

End your school week with a morning workout with Mr. Eder! You will work on making your heart and muscles stronger by doing cardio and bodyweight exercises. What a way to start off your Friday!

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*\*prices and schedule subject to change; registration site will have final information*

## **AFTERNOON CLASSES: 3:45 - 4:45**

### **MONDAY AFTERNOONS:**

#### **Mixed Media Art (\$150)**

Does your child LOVE art? Lovlee Art Studios ([www.lovleeartstudios.com](http://www.lovleeartstudios.com)) in Bloomfield offers classes that empower students through art. This fall, Lovlee will be offering a mixed media art class that encourages creative thinking and exploration through paint, canvas, clay, recycled materials, natural elements and more! Each week students will be encouraged to create at their own level and express themselves through their unique works of art. *All students should bring a reusable smock or an oversized T-shirt to protect their clothing*

#### **Sewing Crafts (\$150)**

Sewing is a valuable skill. It utilizes fine motor skills, creativity, and you can even use it for your own repairs. Students will learn basic hand sewing skills by making a variety of craft projects. Brought to us by Eclectic Chic Boutique.

#### **Creative Movement Dance Exploration (\$110)**

Lara Gonzalez has a holistic, elemental approach to dance that is fun, encouraging and accessible. Students are guided through engaging movement activities with a focus on joyful exploration, highlighting individual expression and teamwork; students discover dance concepts including space, time, body, force, energy; reinforcing curriculum connections, performing arts, language arts, diversity and more! Lara is Founder and Artistic Director of her performance/educational group for all ages and abilities, Marafanyi Drum, Dance and Song. *\*This class will be held OUTDOORS, weather permitting.*

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*\*This class will also be offered Wednesday mornings*

## **TUESDAY AFTERNOONS:**

### **Pretzel Kids Yoga (\$125)**

So what, exactly, is Pretzel Kids®? To kids, we're fun, fun, fun! To parents, we are the answer to helping your children stay physically fit and deal more effectively with the stress of school and peers. Our proven curriculum and amazingly fun yoga program incorporates traditional yoga postures with imaginative yoga games and relaxation techniques. All told: children laugh, move, breathe and relax! Better yet, they leave classes with big SMILES on their faces. Let's all say OM to that! For more information on Pretzel Kids®, please go to [www.pretzelkids.com](http://www.pretzelkids.com). *Please bring your own yoga mat or large towel to class.*

### **Bollywood Dance (\$110)**

Let's dance–Bollywood Style! Brought to you by Kulture Kool, we are pleased to offer this energetic, fun class which will teach beginners Bollywood dance using fun games, props and lots of foot tapping music. So, get your dancing shoes and let's hit the floor! It's guaranteed to be a fun time. At the end of the six weeks, kids will showcase what they have learned in a mini recital (costumes and all)!

### **Creepy Crawlers (\$125)**

Funtastic Science is back this fall and is calling all reptile and spider lovers! Squishy worms, furry tarantulas and slithering snakes are the stars of this class. Explore arthropods, annelids and chordates up close in this crawly animal safari.

### **Intro to Double Dutch (\$110)**

It's time to move your feet! This program is designed to teach students how to jump with double dutch ropes. It covers entering and exiting the ropes, as well as jumping and turning for various skill levels. Let's get hopping and become jumping experts! Brought to you by Enriched After School Programming, LLC.

### **Hip Hop Dance (\$110)**

Join Beyond the Boogie in an hour long class of basic hip hop dance moves to fun upbeat music and participate in interactive dance games. This class will boost your self confidence, coordination, memory and so much more! Get ready to grab your dancing shoes and let that energy out. This class will culminate in a choreographed routine.

### **Soccer (\$110)**

Get your sneakers and run to the field. Let's get ready to play some soccer! You will learn basic soccer skills such as dribbling, trapping, throw-ins, reverse, how to be a goalie and game play. Come join the fun! All levels are encouraged to participate. Brought to you by Nishuane PE teacher Mr. Eder.

## **WEDNESDAY AFTERNOONS:**

### **Tinker Lab (\$150)**

Join Montclair Learning Center for a brand-new class! YOU are the engineer! Design and build a different project every week. Explore different areas of engineering through hands-on projects: electrical engineering, civil engineering, or mechanical engineering, and more.

### **Budo Kin Kai Karate (\$125)**

Budo Kin Kai Karate with Master Karrin is a fun, non-contact karate program specifically designed for children ages 4 and up. Each class provides developmentally appropriate and engaging activities that utilize physical exercise, martial arts skills, and games that children love. Our curriculum is designed to specifically target and build the mind, body and social skills of each student in the most fun, effective, and creative way possible.

### **Track & Field (\$110)**

Love to run? Love to jump? Come check out track and field and learn how to sprint, run distance, and jump over hurdles. You could be the next track star at the Olympics! Brought to you by Nishuane PE teacher Mr. Eder.

### **Tennis (\$125)**

Our instructor is a certified recreational Tennis coach who teaches students the proper techniques for forehand, backhand, and basic strokes. A short net and soft tennis balls will be used. Students will have lots of fun and exercise! All levels are encouraged to participate. *All equipment will be provided.*

### **Seasonal Crafts (\$150)**

Celebrate the upcoming season by creating and decorating custom wood and fabric crafts using a variety of techniques. Come create a new project each week led by Hammer & Stain, a DIY workshop company. You will have the chance to create memorable pieces to decorate your house and bring in some festive spirit. *All supplies included.*

### **Puppetry (\$125)**

Hobby Quest is excited to bring us their new puppetry class! Students will learn to make different kinds of puppets from shadow puppets to marionettes, and use their favorite ones in the last class in a real live puppet show for their parents.

## **FRIDAY AFTERNOONS:**

### **Fun Pottery! (\$150)**

This class is designed for aspiring artists of all levels who share an interest in learning to work with clay. Artists will explore with different types of clay using various techniques such as pinch pot, coil pot, slab building and more, to develop creative pieces. This is an imaginative, hands on class that allows students of all ages to enjoy pottery everywhere. Artists of all levels are welcome. Brought to you by Potterywise. For more information please visit: [www.potterywise.com](http://www.potterywise.com). *All supplies included.*

### **Fall Magic Art with MAM (\$150)**

Montclair Art Museum brings us Fall Magic! What makes Fall so special in New Jersey? Let's explore the changing landscape, animals, weather, pumpkins, and more! Young artists will be able to create one of a kind artworks while exploring mediums like drawing, painting, sculpture and printing. This class will include learning materials, demonstrations and examples to help broaden students' knowledge of Fall in New Jersey.

### **Game Day Excitement (\$110)**

Join Nishuane PE teacher Mr. Eder for some fun and games! Students will play various games as a group or one on one. These games will involve hula hoops, bean bags, cones, balls, and many other pieces of equipment that you've never seen or used before. It is guaranteed to be an amazing time as Mr. Eder is always creating new activities—you will never be bored!

### **Lego Robotics (\$150)**

Are you good at building with Legos? Why not take your skills one step further and build and program an actual robot that follows your commands? In this fun-filled, cooperative course, you and your team will build and code a robot. You will program it to meet specific challenges in the best way. You will even get to take your team's robot head-to-head with the other teams' robots in a competition to see who has the best one! It's Legos! Build It! Code It! Compete With It! Brought to you by Hobby Quest.