

Collaborative Problem Solving®

2020 Fall Parent
Group Training-Online

CHALLENGING KIDS LACK SKILL NOT WILL

What if you could learn a parenting approach that would significantly reduce the yelling, nagging and the challenging behaviors while simultaneously **building the relationship to weather this pandemic** with your children? When parenting goes beyond your intuition, learning Collaborative Problem Solving® can be the winning tool that saves you from the endless power struggles and disheartening moments when you feel like there isn't hope for your child.

The Collaborative Problem Solving approach by Think:Kids at Massachusetts General Hospital is a tried and true parenting method that calms behavior challenges, opens up new pathways of thinking, and builds the skills to meet more and more of your expectations. Helping your child improve areas like frustration tolerance, flexibility and problem solving can be a game changer for your relationship and **restore the peace and sanity in your home.**

Group sessions involve a teaching portion as well as getting feedback from a certified CPS practitioner on how you are applying the skills at home between each session.

TUESDAYS 8:00-9:30PM EST
8 WEEKLY SESSIONS
STARTING JAN.5, 2021
\$320 for 8 weeks
Via Zoom video conference
Sign up: 201-500-7397



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and
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She provides training,
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utilizing CPS.

Think:Kids
RETHINKING CHALLENGING KIDS



MASSACHUSETTS
GENERAL HOSPITAL



FAQ

How long is the class and what is the cost?

The eight week class is \$320 per screen. Sign up by Dec. 5th and use code "CPS2021" for \$20 off.

Fee covers eight weekly class regardless of classes parent(s) are able to attend. This fee also covers one (1) scheduled phone check-in to support the between session practice. Payment is required to guarantee space in the class and all fees must be paid before the first class. No refunds after Sept 2, 2020.

How many parents will be in the group?

A minimum of 8 and a maximum of 16.

Who should attend the group?

While ideally, for two parent households both parents would attend, we recognize that in many cases this is not feasible. Single parents are welcome to have any support people attend also. This class is intended for parents/caregivers only, not children.

SIGN UP!

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Downloading Zoom to your device is needed to access the classes.

Do I need to attend every session?

The material that is presented each week builds on prior knowledge obtained during previous sessions. As such, while recognizing that situations may arise over the course of the necessitating a parent missing a session, we encourage parents to attend as consistently as possible. We are unable to refund sessions not attended.

What about privacy?

We strongly encourage parents to have a private place to be on the Zoom conference. Also, confidentiality agreements are made with all participants.

What about parent coaching?

While many parents receive enough benefit from the group to implement the approach at home, some parents do find that they require some direct additional guidance. Upon completion of group, if indicated and space available, parent(s) can be placed on the waitlist for parent coaching, placement will be determined by date of initial intake.